

**Northwestern Oklahoma State University  
New Certificate Request**

*(\*\*\*Graduate\*\*\*)*

**Institution and Program Information**

Institution: Northwestern Oklahoma State University  
Name of Chief Academic Officer: James Bell  
Email of Chief Academic Officer: [JLBell@nwsu.edu](mailto:JLBell@nwsu.edu)

Certificate Type: Graduate Certificate  
Official Certificate Title: Trauma Informed Certificate  
CIP Code: 42.2803  
Will the certificate be embedded?  Yes  No  
Name of program certificate will be embedded: Counseling Psychology  
Program code certificate will be embedded: 043  
Location(s) where certificate will be offered: Alva, Enid, Woodward, UC-Ponca  
Requested Instructional Program Code: 090

**Proposal Information**

Certificate Purpose: Students will gain insights into enhancing awareness and comprehension of trauma, along with identifying behaviors resulting from coping with traumatic events. They will learn techniques to reduce the chance of causing further trauma, build resilience by emphasizing personal strengths, and cultivate skills resistant to trauma. Additionally, they will discover how to prevent compassion fatigue by encouraging self-care practices both for themselves and others. Through an evidence-based approach to trauma-informed care, students will develop a philosophy that helps them understand and address the impacts of trauma on individuals, groups, and society at large.

Total number of hours required for the certificate: 15

**Method of Delivery**

- Traditional
- Electronic Only
- Traditional and Electronic

**IPEDS Information**

**Distance Education Availability**

- All of the courses in the program can be completed entirely online
- Some of the courses in the program can be completed entirely online
- None of the courses in the program can be completed entirely online

This certificate has a mandatory onsite component  Yes  No

This certificate has a non-mandatory onsite component  Yes  No

**Proposed Curriculum:**

Core courses:

PSYC-5373 Overcoming Child Trauma 3

PSYC-5513 Advanced Adolescent Guidance 3

PSYC-5613 Advanced Child Guidance 3

Electives, choose from: 6

PSYC-5213 Advanced Abnormal Psychology

PSYC-5313 Advanced DSM

PSYC-5253 Intervention Strategies

PSYC-5353 Addictions & Family Theory

PSYC-5623 Advanced Personality

PSYC-5823 Multicultural Counseling

Total hours 15